

Devon Golem, PhD, RD, LDN

Curriculum Vitae

945 Bristol Bridge Drive, Cary, NC 27519

559.359.7627

novedgo@gmail.com

Current Professional Experience

Department of Exercise Science, University of South Carolina

Founding Consultant, Graduate Program in Dietetics

(09/21 – 08/24)

Interim Director, M.S. in Performance Nutrition & Dietetics

(08/24 – 01/26; 05/26 - 09/26)

(dgolem@mailbox.sc.edu)

NOVEDGO, LLC.

Founder and Chief Executive Officer

(02/16 – current)

Media and Private Practice Dietitian

(devon@nuancednutritionist.com; <https://linktr.ee/nuancednutritionist>)

- *Founded The Nuanced Nutritionist* <https://www.nuancednutritionist.com/>
- Provide virtual nutrition counseling to adult women (35+)
- Specialize in perimenopause/menopause, gastrointestinal, metabolic, and cardiovascular health
- Engage in brand partnerships, nutrition communication, and media consultant

Dietetics Education Consulting

- Founded **Consulting for Excellence in Education of Dietetics (CEED)** www.dieteticseducation.org
- Design and develop dietetics programs
- Guide administrators through program development accreditation processes.
- Found and steward stakeholder relationships. Recruit, vet, and onboard faculty
- Attended ACEND Director Training (04/2022; 06/2019; 03/2017; 11/2014)

Research Consulting

- Assist in design, background research, and composition of manuscripts in the fields of nutritional sciences and exercise sciences

Professional Education

- Founded **Institute of Continuing Education for Nutrition Professionals®** in 2016
- Design, develop, deliver, and maintain evidence-based, relevant professional education opportunities for healthcare professionals.
- Align learning outcomes with professional competencies to develop data-driven courses

Nutrition Care Manual (NCM)®

Board of Editors

(07/18 – current)

Contributor – Alpha-Gal Syndrome

(04/26 – current)

Credentials

Registered Dietitian

Commission on Dietetic Registration (926934)

(10/03 – current)

Licensed Dietitian Nutritionist

North Carolina Board of Dietetics/Nutrition (L005921)

(09/19 – current)

Education

Rutgers, The State University of New Jersey, New Brunswick

PhD in Nutritional Sciences with an emphasis in Exercise Science

(09/06 – 05/12)

California State University, San Jose

Completed graduate level courses in Nutritional Sciences

(09/05 – 12/05)

Porterville Developmental Center

Completed a CADE-accredited dietetic internship

(08/02 – 07/03)

California State University, Fresno

PhD in Nutritional Sciences with an emphasis in Exercise Science

(08/98 – 05/02)

Past Professional Experience

Department of Health Sciences, Saint Joseph's University

Instructor of HSC 253 Nutrition: Health & Disease

(dgolem@sju.edu)

(08/23 – 05/26)

ACEND Reviewer

(02/18 – 12/25)

Diet Spotlight

Subject Matter Expert/Content Editor

(09/18 – 01/21)

Department of Nutritional Sciences, Thomas Jefferson University

Founding Consultant and Director, Graduate Program in Dietetics

(10/18 – 08/20)

Department of Family and Consumer Sciences, New Mexico State University

Director, Didactic Program in Dietetics

(09/14 – 06/16)

Assistant Professor of Human Nutrition and Dietetic Sciences (*tenure-track*)

(08/13 – 06/16)

College of Health, Human Services, and Science, Ashford University

Chair of the Department of Health Promotion

(01/13 – 08/13)

Program Chair of B.A. in Health Education and B.A. in Health & Wellness

(07/12 – 08/13)

Assistant Professor

(07/12 – 08/13)

Department of Nutritional Sciences, Rutgers University

Instructor of Nutrition Counseling (11:709:499)

(01/12 – 06/12)

Department of Exercise Science and Sport Studies, Rutgers University

Assistant Instructor

(07/09 – 06/12)

- Courses: Exercise Physiology Laboratory (01:377:370) and Exercise Testing & Prescription (01:377:410)

Department of Nutritional Sciences, Rutgers University

Instructor/Teaching Assistant

(09/06 – 05/08)

- Laboratory for Introduction to Foods (11:709:202) and Experimental Foods (11:709:489)

College of the Sequoias

Instructor of Nutrition & Foods (018)

(01/04 – 05/04)

Teaching Awards

Dietetic Educator of the Year – New Mexico Academy of Nutrition and Dietetics (04/15)

Advisor of the Year – New Mexico State University (05/15)

Research Experience

Institute of Continuing Education for Nutrition Professionals, Rutgers University, & New Mexico State University

Co-Principal Investigator: *iENDEAVORS – Innovative Enhancements of Nutrition and Dietetics*

Education using Artificial Intelligence and Virtual Reality Simulations (02/21 – 04/26)

Research Emphasis: Developing and evaluating a series of high-quality simulations delivered via mannequins using artificial intelligence and Virtual Reality in efforts to develop clinical and counseling skills of dietetic students.

Funding Source: USDA, NIFA, Higher Education Challenge grant numbers 2021-70003-35433

Institute of Continuing Education for Nutrition Professionals & George Mason University

Principal Investigator: COVID-19 and Dietetics Education Survey (04/20 – 08/22)

Research Emphasis: Examining the cognitions of dietetic educators in response to the COVID-19 pandemic.

Department of Family and Consumer Sciences, New Mexico State University

Principal Investigator: Weight Perceptions Survey (01/15 – 06/17)

Research Emphasis: Examined weight bias in a predominantly Hispanic college population.

Principal Investigator: Dietary Strategies Study (09/14 – 06/17)

Research Emphasis: Examined dietary strategies and commercial diets in predominantly Hispanic college population.

Investigator: *Salud Para Usted Y Su Familia* (03/15 – 01/16)

PI: Joe Sharkey, Ph.D., R.D. and Jill McDonald, Ph.D.

Research Emphasis: Promoted healthy lifestyle behaviors in low-income, Hispanic children and their families living in remote colonias in southwest New Mexico.

Department of Nutritional Sciences, Rutgers University

Intervention Consultant on *HomeStyles Obesity Prevention Study*

(09/11 – 08/14)

PI: Carol Byrd-Bredbenner, Ph.D., R.D., F.A.D.A.

Research Emphasis: Shaped the home environment to prevent obesity in preschool-aged children

Department of Exercise Science and Sport Studies, Rutgers University
Graduate Student in Human Performance Laboratory (01/09 – 03/12)
Research Emphasis: Studying the effects of various exercise-related challenges on:

Department of Nutritional Sciences, Rutgers University
Graduate Assistant in Lipid Research Laboratory (11/06 – 12/08)
Research Emphasis: Characterized a lipid-droplet associated protein, perilipin A

Clinical Experience

NOVEDGO, LLC. – Nuanced Nutritionist
Private Practice Dietitian (08/16 – current)

Rutgers University Athletics
Sports Dietitian (08/11 – 01/12)

The Cancer Institute of New Jersey
Health Interventionist (06/11 – 05/12)

Kingley Health
Medical Nutrition Therapist (01/09 – 06/09)

Agnews Developmental Center
Registered Dietitian (05/05 – 08/06)

H.M. Composite
Consultant Dietitian (05/04- 05/05)

Porterville Developmental Center
Clinical Dietitian (07/03 – 05/04)

Publications

Curricula & Teaching Packages

Golem, D., Quick, V., Panchal, P., Phillips, S., Chamberlin, B., Byrd-Bredbenner, C. Instructor Guide for Nutrition Counselor VR Training Program: Guiding Dolores Through Barriers to Diabetes Self-Management. 2025. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D., Quick, V., Panchal, P., Phillips, S., Chamberlin, B., Byrd-Bredbenner, C. Instructor Guide for Nutrition Counselor VR Training Program: Craig's Nutrition-Focused Physical Exam to Assess Complications Associated with Crohn's Disease. 2025. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D., Quick, V., Panchal, P., Phillips, S., Chamberlin, B., Byrd-Bredbenner, C. Instructor Guide for Nutrition Counselor VR Training Program: Preparing Samuel for Nasogastric Tube Placement. 2025. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D., Quick, V., Panchal, P., Phillips, S., Chamberlin, B., Byrd-Bredbenner, C. Instructor Guide for Nutrition Counselor VR Training Program: Helping Jhem Manage Cardiovascular Disease Through Dietary Behavior Change. 2025. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D. Nutritional Biochemistry (PNDI 600) 3 graduate credit course syllabus and learning assessments. 2025. Columbia, SC: University of South Carolina.

Golem, D., Quick, V., Phillips, S., Panchal, P., Chamberlin, B., Byrd-Bredbenner, C. Guiding Dolores Through Diabetes Self-Management: Nutrition Counseling Script for Virtual Reality. 2024. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D., Quick, V., Panchal, P., Phillips, S., Chamberlin, B., Byrd-Bredbenner, C. Performing a Nutrition-Focused Physical Exam on Craig: Nutrition Counseling Script for Virtual Reality. 2024. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D., Quick, V., Panchal, P., Phillips, S., Chamberlin, B., Byrd-Bredbenner, C. Preparing Samuel for Nasogastric Tube Placement: Nutrition Counseling Script for Virtual Reality. 2024. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D., Quick, V., Panchal, P., Phillips, S., Chamberlin, B., Byrd-Bredbenner, C. Helping Jhem Make Sustainable Dietary Behavior Changes: Nutrition Counseling Script for Virtual Reality. 2024. New Brunswick, NJ: Rutgers University and Las Cruces, NM: New Mexico State University.

Golem, D. Nutrition Through the Life Cycle (PNDI 620) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Applied Nutrition Research (PNDI 700) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Performance Nutrition (PNDI 701) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Performance Nutrition: Approaches & Advocacy (PNDI 705) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Medical Nutrition Therapy I (PNDI 710) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Nutrition & Public Health (PNDI 752) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Performance Nutrition & Dietetics Supervised Experience Levels 1-5 (PNDI 6711-715) 1 graduate credit course syllabi and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Nutrition Counseling & Education (PNDI 730) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Medical Nutrition Therapy II (PNDI 740) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Performance Nutrition Therapy (PNDI 750) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Food Systems Management (PNDI 770) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Leadership & Practice in Performance Nutrition & Dietetics (PNDI 760) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Golem, D. Performance Nutrition & Dietetics Capstone (PNDI 780) 3 graduate credit course syllabus and learning assessments. 2023. Columbia, SC: University of South Carolina.

Websites & Online Publications

Golem, D. Nuanced Nutritionist Blog. (2026) <https://www.nuancednutritionist.com/blog>

Golem, D. Nuanced Nutritionist Patient Handouts. (2026) <https://www.nuancednutritionist.com/resources>

Chamberlin, B. A., **Golem, D.**, Quick, V., Phillips, S. G., Panchal, P., Byrd-Bredbenner, C. (2025). Dolores and Barriers to Blood Glucose Management [VR Module]. In Barbara Chamberlin and Adrian Aguirre (Ed.), Nutrition Counselor VR: Training Program for Health Practitioners. Las Cruces, NM: NMSU Innovative Media, Research and Extension – Learning Games Lab (see program credits for full list of contributors); <https://nutritioncounselorvr.org/>

Chamberlin, B. A., **Golem, D.**, Phillips, S. G., Panchal, P., Quick, V., Byrd-Bredbenner, C. (2025). Helping Jhem Make Sustainable Dietary Behavior Changes [VR Module]. In Barbara Chamberlin and Adrian Aguirre (Ed.), Nutrition Counselor VR: Training Program for Health Practitioners. Las Cruces, NM: NMSU Innovative Media, Research and Extension – Learning Games Lab (see program credits for full list of contributors); <https://nutritioncounselorvr.org/>

Chamberlin, B. A., **Golem, D.**, Panchal, P., Quick, V., Phillips, S. G., Byrd-Bredbenner, C. (2025). Performing a Nutrition-Focused Physical Exam on Craig [VR Module]. In Barbara Chamberlin and Adrian Aguirre (Ed.), Nutrition Counselor VR: Training Program for Health Practitioners. Las Cruces, NM: NMSU Innovative Media, Research and Extension – Learning Games Lab (see program credits for full list of contributors); <https://nutritioncounselorvr.org/>

Chamberlin, B. A., **Golem, D.**, Quick, V., Phillips, S. G., Panchal, P., Byrd-Bredbenner, C. (2025). Preparing Samuel for Nasogastric Tube Placement [VR Module]. In Barbara Chamberlin and Adrian Aguirre (Ed.), Nutrition Counselor VR: Training Program for Health Practitioners. Las Cruces, NM: NMSU Innovative Media, Research and Extension – Learning Games Lab (see program credits for full list of contributors); <https://nutritioncounselorvr.org/>

Golem DL. Vegetarian Diets and Diabetes: Prevention and Treatment. *Vegetarian Nutrition Update* 24(4):3-4, Spring 2017.

Book Chapters

Golem DL (2020). Online Education is an Effective Tool for Nutrition Communicators. In B. Mayfield (Ed.), *Communicating Nutrition: The Authoritative Guide* (pp.485-502). Chicago IL: Academy of Nutrition and Dietetics. (2nd edition development in 2026)

Arent SM and **Golem DL** (2012). Resistance training and mental health. In D. Tod & D. Lavallee (Eds.). *The Psychology of Strength Training and Conditioning: International Perspectives*. London: Routledge.

Peer-Reviewed Journal Articles

Quick V, Chamberlin C, **Golem D**, Panchal P, Phillips S, Byrd-Bredbenner C. iENDEAVORS: Development and Testing of Virtual Reality Simulations for Nutrition and Dietetics. *International Journal of Environmental Research and Public Health*. 2025; 22(9):1389; [10.3390/ijerph22091389](https://doi.org/10.3390/ijerph22091389)

Quick V, Panchal P, **Golem D**, Phillips S, Chamberlin B, Byrd-Bredbenner C. Formative Testing of Virtual Reality Simulations for Dietetic Interns. *Journal of the Academy of Nutrition and Dietetics*. 2024;124(10):A1310.1016/j.jand.2024.06.024.

Fishman K, McFadden B, Pellegrino J, **Golem D**, Davitt P, Walker A, Arent S. Effects of Hatha Yoga and Resistance Exercise on Affect and State Anxiety in Women. *Translational Journal of the ACSM* 4(16):p 119-126, August, 2019.

Golem D, Eck K, Delaney C, Clark R, Shelnutt K, Olfert M, Byrd-Bredbenner C. 'My stuffed animals help me' The importance, barriers, and strategies for adequate sleep behaviors of school-aged children and parents. Accepted by *Sleep Health: The Journal of the National Sleep Foundation* April 2019.

Quick V., **Golem D.**, Povis-Alleman G., Martin-Biggers J., Worobey J., Hongu N., Byrd-Bredbenner C. Moms and Dads Differ in Their Family Food Gatekeepers Behaviors. *Topics in Clinical Nutrition* 33(1):3-15, January 2018.

Golem DL, Davitt PM, Arent SM. The effects of over-the-counter jaw-repositioning mouthguards on aerobic performance. *Journal of Sports Medicine and Physical Fitness* 57(6): 865-871, June 2017.

Olin S, McFadden B, **Golem D**, Arent S. The effects of exercise dose on stereotypical behavior in children with autism. *Medicine & Science in Sports & Exercise* 49(5): 983-990, May 2017.

Golem D, Hallman W, Cuite C, Bellows A, and Byrd-Bredbenner C. Food Supplies of Immigrant and Minority Households: How Prepared Are They for Disaster Emergency Conditions? *Topics in Clinical Nutrition* 31(3): 213-221, July/September 2016.

Golem D and Byrd-Bredbenner C. Emergency Food Supplies in Food Secure Households. *Prehospital and Disaster Medicine* 30(4):1-6, April 2015.

Golem DL and Arent SM. The effects of over-the-counter jaw-repositioning mouth guards on dynamic balance, flexibility, agility, strength, and power in college-aged male athletes. *Journal of Strength and Conditioning Research* 29(2): 500-12, Feb 2015.

Golem D, Martin-Biggers JT, Koenings MM, Finn Davis K, and Byrd-Bredbenner. An Integrative Review of Sleep for Nutrition Professionals. *Advances in Nutrition* 5:742-759, November 2014.

Matthews M, Horacek TM, Olfert MD, Koenings MM, Shelnutt KP, Stocker C, **Golem DL**, Kattlemann KK, Colby S, Franzen-Castle L, Brown ON, and Morell JS. Development, Validation and Implementation of the Health Density Vending Machine Audit Tool (HDVMAT). *Journal of the Academy of Nutrition and Dietetics* 114(9): Suppl A65, September 2014. (doi: <https://doi.org/10.1016/j.jand.2014.06.217>)

Pilotti M, Klein E, **Golem D**, Piepenbrink E, and Kaplan K. Is viewing a nature video after work restorative? Effects on blood pressure, task performance, and long-term memory. *Environment & Behavior* epublihed ahead of print May 22, 2014. (doi: 10.1177/0013916514533187).

Davitt P, Arent SM, Tuazon M, **Golem DL**, and Henderson G. Postprandial triglyceride and free fatty acid metabolism in obese women after either endurance or resistance exercise. *Journal of Applied Physiology* 114: 1743-1754, April 2013.

Arent S, McKenna J, **Golem D**. Effects of a neuromuscular-dentistry designed mouthguard on muscular endurance and anaerobic power. *Comparative Exercise Physiology* 7(2): 73-79, August 2010.

Velez A, **Golem D**, Arent S. The impact of a 12-week resistance training program on strength, body composition, and self-concept of Hispanic adolescents. *Journal of Strength and Conditioning Research* 24(4): 1065-1073, April 2010.

Arent SM, Senso M, **Golem DL**, McKeever KH. The effects of theaflavin-enriched black tea extract on muscle soreness, oxidative stress, inflammation, and endocrine responses to acute anaerobic interval training: a randomized double-blind, crossover study. *Journal of the International Society of Sports Nutrition* 7(11): 1-10, February 2010.

Arent SM, Davitt P, **Golem DL**, Williams CA, McKeever KH, Jaouhari C. The effects of a post-workout nutraceutical drink on body composition, performance, and hormonal and biochemical responses in Division I college football players. *Comparative Exercise Physiology* 6(2): 73-80, September 2009.

Published Abstracts (for poster or oral presentations)

Quick V, **Golem D**, Panchal P, Phillips S, Chamberlin B, Byrd-Bredbenner C. Nutrition Counselor Virtual Reality Simulations for Dietetic Students: Field Test Results. Abstract submitted August 2025 to the A.N.D. and accepted for presentation at October 2025 Food and Nutrition Conference and Expo in Nashville, TN.

Quick V, Panchal P, **Golem D**, Phillips S, Chamberlin B, Byrd-Bredbenner C. Formative Testing of Virtual Reality Simulations for Dietetic Interns. Abstract submitted February 2024 to the A.N.D and accepted for presentation at October 2024 Food and Nutrition Conference and Expo in Minneapolis, MN.

Brantley L and **Golem D**. Weight Perceptions in Hispanic and Non-Hispanic Adults in a College Population. Abstract submitted January 2016 to the New Mexico Public Health Association for presentation at the April 2016 New Mexico Public Health Association Annual Conference in Las Cruces, NM.

Golem D, Hallman W, Cuite C, Bellows A, Byrd-Bredbenner C. Emergency Food Supplies in Low-Income, Minority Households (2015). Abstract submitted November 2014 to A.N.D. and accepted for presentation at October 2015 Food and Nutrition Conference and Expo in Nashville, TN. *Journal of the Academy of Nutrition and Dietetics*, 115:9; A55.

Golem D. Weight Prejudice: A New Aspect of Cultural Sensitivity (2014). Abstract submitted November 2013 to A.N.D. and accepted for presentation at October 2014 Food and Nutrition Conference and Expo in Atlanta, GA. *Journal of the Academy of Nutrition and Dietetics*, 114:9; A18.

Matthews MA, Horacek TM, Olfert MD, Koenings MM, Shelnutt KP, Stocker C, **Golem DL**, Kattelmann KK, Colby S, Franzen-Castle L, and Morrell JS. Development, Validation and Implementation of the Health Density Vending Machine Audit Tool (HDVMAT). Abstract submitted November 2013 to A.N.D. and accepted for

presentation at October 2014 Food and Nutrition Conference and Expo in Atlanta, GA. *Journal of the Academy of Nutrition and Dietetics*, 114:9, A65.

Golem D. Weight Prejudice in an Overweight Culture: Including weight sensitivity training in cultural competence education. Abstract submitted February 2014 to NMAND and accepted for presentation at April 2014 Annual NMAND Conference in Albuquerque, NM.

Golem D. Good Night! Sleep Tight! Parent Cognitions Related to Sleep Effects on Health and Weight of Preschool-Aged Children. Abstract submitted November 2012 to A.N.D. and accepted for presentation at October 2013 Food and Nutrition Conference and Expo in Houston, TX. . *Journal of the Academy of Nutrition and Dietetics*; 09/2013; 113(9): A51

Golem D. Make Physical Activity (PA) a STAPLE in Children's Lives: Development of a Mnemonic to Assist Parents of Preschoolers in Planning PA Opportunities for their Children. Abstract submitted November 2012 to ASN and accepted for presentation at April 2013 Experimental Biology Annual Conference in Boston, MA.

Golem D. Obesity prevention in preschool-aged children: The importance of sleep. Abstract submitted November 2012 to ASN and accepted for presentation at April 2013 Experimental Biology Annual Conference in Boston, MA.

Golem DL, Davitt P, Arent S. The effect of a self-adapted jaw-repositioning mouthguard on physical performance. Abstract submitted March 2012 to ACSM and accepted for presentation at June 2012 Conference in San Francisco, CA.

Golem DL, Arent S. Effects of jaw-repositioning mouthguards on ventilation and aerobic performance in male athletes. Abstract submitted March 2012 and accepted for presentation at July 2012 Conference in Providence, RI.

Golem D, Davitt P, Jaouhari C, and Arent S. The effects of a proprietary supplement on recovery and performance in resistance trained males. Abstract submitted March of 2011 to ACSM and accepted for presentation at June 2011 Conference in Denver, CO.

Golem D, Arent S. The effects of a proprietary nutritional blend on strength, performance, body composition, sleep, and mood status in resistance trained men. Abstract submitted April 2010 to NSCA and accepted for presentation at July 2010 Conference in Orlando.

Oral presentations for which there is no published abstract

Virginia Academy of Nutrition and Dietetics (VAND) Annual Conference March 2017. Elizabeth Lounds Memorial Lecture: "Managing Weight in Your Sleep: Applying Sleep Hygiene to Nutrition Practice" **Golem D.**

Blue Ridge Academy of Nutrition and Dietetics (BRAND) Fall Conference October 2016. Oral Presentation: "Weight Management: Zzzz's and lbs." **Golem D.**

Pennsylvania Chapter of the American Academy of Pediatrics EPIC Obesity Webinar September 2016 webinar series. Oral Presentation: "Obesity and Sleep: what are the connections and what can we do?" **Golem D.** and Tierney C.

Institute of Continuing Education for Nutrition Professionals® July 2016 recorded oral presentation: "Food Allergy Basics" **Golem D.** Online self-study activity (128272)

Institute of Continuing Education for Nutrition Professionals® July 2016 recorded oral presentation: "Preventing Food Allergies: Early Exposure" **Golem D.** Online self-study activity (127752)

Institute of Continuing Education for Nutrition Professionals® June 2016 recorded oral presentation: "Weight Perceptions: weight bias and discrimination." **Golem D.** Online self-study activity (126705).

Villanova University's MacDonald Center for Obesity Prevention and Education's (COPE) January 2016 webinar series. Oral Presentation: "*Zzzz's and lbs.: The impact of sleep on weight.*" **Golem D.**

The Food and Nutrition Conference and Expo October 2015 Annual Meeting: Oral Presentation: "*Sleep and Nutrition: Is getting enough zzzz's important to RD's?*" **Golem D** and Davis K. FNCE in Nashville, TN.

The Greater NY Regional Chapter ACSM 2010 Annual Meeting. Oral Presentation: "Weight-loss Supplements: Science vs. Myth". **Golem D** and Arent S.